



# *Conscious Living Manifesto*

Everything that exists – visible or invisible – *emanates from one all-powerful, all-knowing, all-embracing consciousness.*

Unfolding from one consciousness, *all life is intrinsically connected* and no single part is more important than the whole.

Wholeness is my natural state. *My essential self is one of infinite possibility*, abundance, calm, balance, and peace.

An *open-hearted, holistic life* is my birthright.

I recognize the *dualistic nature of human life and aspire to transcend it*, shifting my allegiance away from duality toward unity.

I align with *love over fear* and my thoughts and actions are consistent with this alignment.

I see that the world is reflective in nature and *utilize what is reflected back to me* for growth and awakening.

I treat all beings with *LOVE, compassion and understanding* to not only foster healing within myself, but also to create new awakened potential for humanity and the planet.

I realize that *my highest calling is to allow consciousness to flow - aided yet unimpeded by ego - from my unconditioned, essential self* and by so doing inspire and invite others to live consciously as well.

I am enough. In fact, *I am everything* because I am not in the world; *the world is in me.*